

# Warmup, Timers, and Timeline

CISD Natatorium, 19133 David Memorial Drive, Shenandoah, Texas 77385



Hosted By THE WOODLANDS SWIM TEAM March 7-10, 2013 Sanction No. GUSC 13-090; Time Trial Sanction No. GUSC 13-091



### The CISD Natatorium Rules, Regulation, Prohibitions, and Deck Access

1. All participants must follow the CDC "Healthy swimming policy" and shower before warm-up, no exception.

2. Shaving is not permitted anywhere within the entire CISD Natatorium Complex.

3. No chewing gum, food or color based drinks will be allowed on the pool deck, water only.

- Security personnel are empowered to enforce any and all regulations established by CISD Natatorium Policy.
- Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck all spectators and parents must remain in the grandstand.
- Participants in swim suits are not allowed in the Grandstand-seating area. Participants and spectators are not allowed to lean against glass the rails, climb over banisters / railings, or pass any posted barriers.
- Participants and spectators are not allowed to use other areas of the CISD Natatorium complex during this event without securing a pass at the Services Desk located in the facility lobby.
- Lawn Chairs are not allowed in the CISD Natatorium Grandstand-seating area, Stadium seats shall not exceed 17" wide x 13"deep.
- Each competing team is permitted one temporary banner, placed at the discretion of the Aquatic Director. Team banners must not exceed 5' by 8'. No handmade signage is allowed.
- Absolutely no tobacco, alcohol products, or glass containers are allowed on Conroe School District property. This applies to the parking lot.
- Spectators are allowed (1) Cooler 13" wide x 11" deep x 12" tall that can be placed directly under their seating area, Participant /Teams are allowed an Ice-Chest (1) PER GENDER on the deck provided they do not contain glass items, bottled water is allowed.
- Betting and gambling is strictly prohibited.
- Teams are expected to police their respective areas at the conclusion of the competition.
- Participating or any activity that can be interpreted or described as "*risky*" or "*horseplay*" is prohibited throughout the entire CISD Natatorium Complex.
- Diving equipment such as trampoline, spotting rigs, dry-board apparatus, and the warm-pool are not to be used unless authorized by the CISD Natatorium Director.
- The use of flash cameras or noise-makers at the start, during or end of any race is prohibited.
- Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergency use is prohibited.

#### Access to the deck of the CISD Natatorium is restricted by pass to the following:

• Athletes from competing teams • Administrative support personnel • Coaches of competing teams • Facility/District Staff • Officials • Marshals • Timing System operators • Security personnel • Computer systems operators • Lifeguards • Lane timers • Service and supply vendors • Credentialed media personnel • Hospitality personnel • Medical support personnel • Other personnel on a case-by-case basis at the discretion of the Meet Coordinator, the Meet Director, or the Meet Referee.

#### 2013 Short Course TAGS Championships, Sanction #: GUSC 13-13-090

Mar 7-10, 2013 Team List

Team List									
	Team	Female	Male	<b>Total Athletes</b>	Entries	Relay	Tota		
1 ATAC-NT	Academy of Texas Aquatic Champ	5	0	5	2	3	5		
2 AGS-GU	Aggie Swim Club	12	10	22	40	13	53		
3 AAAA-S	Γ Alamo Area Aquatic Association	35	36	71	182	38	220		
4 AQUA-G	U Aquastar	1	4	5	18	3	21		
5 AQTX-ST	Aquatex Swim Team	3	1	4	15	0	15		
6 BTA-GU	Blue Tide Aquatics	25	28	53	60	33	93		
7 BBSC-GU	-	0	1	1	7	0	7		
8 BRNC-ST		0	1	1	8	0	8		
9 COTA-ST	0	1	2	3	20	0	20		
10 CPS-ST	Cedar Park Swimming	0	1	1	7	0	7		
11 CCSS-ST	Circle C Select Swimming	0	1	1	2	0	2		
12 COM-WT	-	1	2	3	14	0	14		
13 COPS-NT	-	6	3	9	17	2	19		
14 COR-NT	City of Richardson Swim Team	10	7	17	41	5	46		
15 CBA-ST	Coastal Bend Allstars	2	4	6	13	4	17		
16 CFSC-GU		24	6	30	45	18	63		
17 DADS-GU	51	2 <del>4</del> 7	6	13	30	9	39		
17 DADS-00 18 DM-NT	Dallas Mustangs	13	21	34	30 44	17	61		
	-	13	11	21	36	8	44		
	Eagle Swim Association			21 24					
20 EPAP-BD	1	11	13		56	12	68		
21 FCST-GU	2	13	16	29	77	14	91		
22 FAST-NT	Fort Worth Area Swim Team	3	10	13	39	7	46		
23 FA-NT	Frisco Aquatics	18	6	24	84	15	99		
24 GHAR-ST	1	1	0	1	2	0	2		
25 HCAP-GU		0	4	4	4	3	7		
26 HEAT-ST	Heart of Texas Aquatics Team	1	1	2	8	0	8		
27 COOG-G	e	1	2	3	9	0	9		
28 HCCL-GU		1	0	1	7	0	7		
29 HSC-GU	Houston Swim Club	6	4	10	24	3	27		
30 KATY-GU	5 1	11	13	24	34	9	43		
31 LJAC-GU		0	1	1	1	0	1		
32 LAC-NT	Lakeside Aquatic Club	45	30	75	193	49	242		
33 LSAC-ST	*	3	4	7	9	2	11		
34 LSST-GU	Lone Star Swim Team	1	0	1	1	0	1		
35 TXLA-ST	e .	5	3	8	46	5	51		
36 LSCC-NT	Longview Swim Club	1	1	2	8	0	8		
37 LCA-ST	Lost Creek Aquatics	2	2	4	8	0	8		
38 LSC-WT	Lubbock Swim Club	4	0	4	10	0	10		
39 MAC-GU	Magnolia Aquatic Club	21	7	28	62	19	81		
40 MAC-NT	Mansfield Aquatic Club	4	2	6	22	5	27		
41 MSC-ST	Mc Allen Swim Club	0	1	1	4	0	4		
42 MTRO-N	T Metroplex Aquatics	25	13	38	66	13	79		
43 MM-ST	New Braunfels YMCA Metro Marli	1	0	1	2	0	2		
44 NCAT-GU	J New Caney Aquatic Team	1	0	1	1	0	1		
45 NTRO-ST	Nitro Swimming	36	41	77	281	55	336		
46 NOCH-G	6	0	1	1	7	0	7		
47 NTN-NT	North Texas Nadadores	14	19	33	117	25	142		
48 NAMS-S		0	1	1	1	0	1		
49 PEAK-GU		8	4	12	36	5	41		
50 PLAT-GU	*	1	0	1	8	0	8		
51 PACK-GU	•	12	18	30	53	15	68		
52 RICE-GU		0	3	3	11	0	11		
52 RICE-00 53 RACE-N1		11	6	17	34	6	40		
55 KAUE-NI	San Antonio Wave	11	0	1 /	J-4	0	40		

#### 2013 Short Course TAGS Championships, Sanction #: GUSC 13-13-090

Mar 7-10, 2013
Team List

leam List										
	Team	Female	Male	<b>Total Athletes</b>	Entries	Relay	Total			
55 SPA-GU	Sienna Plantation Aquatics	0	1	1	2	0	2			
56 SSS-GU	South Shore Sails	7	8	15	39	6	45			
57 SWAT-GU	Southwestern Aquatics Team	0	1	1	8	0	8			
58 SST-GU	Spring Swim Team	1	1	2	4	0	4			
59 SASA-ST	Streamline Aquatics	4	5	9	13	2	15			
60 SB-ST	Swim Belton	1	0	1	4	0	4			
61 SSAN-GU	Swim Streamline at Northampton	1	2	3	7	0	7			
62 FINS-GU	Team Fins	1	6	7	23	3	26			
63 TYES-GU	Team Yes! Aquatics Of Houston	0	3	3	11	0	11			
64 TEAM-ST	Texas Elite Aquatic Members	0	2	2	6	0	6			
65 GOLD-ST	Texas Gold	1	2	3	9	0	9			
66 TRS-NT	S-NT Texas RiverSharks		1	2	13	0	13			
67 TTST-GU	Texas Terrapins Swim Team	0	1	1	1	0	1			
68 TWST-GU	The Woodlands Swim Team	37	35	72	195	39	234			
69 TASC-GU	Tomball Area Swim Club	0	1	1	8	0	8			
70 UN-05-ST	Unattached	0	1	1	5	0	5			
71 UNAT	Unattached	0	0	0	0	0	0			
72 UN-01-ST	Unattached Cps	0	1	1	1	0	1			
73 UN-01-GU	Unattached Fcst	1	0	1	6	0	6			
74 UN-02-ST	Unattached Lsac	1	0	1	2	0	2			
75 UN-03-ST	Unattached Msc	0	1	1	4	0	4			
76 UN-04-ST	Unattached Msc	0	1	1	8	0	8			
77 WHAT-GU	West Houston Aquatic Team	10	12	22	31	15	46			
78 WETT-BD	West Texas Typhoon	2	2	4	18	0	18			
79 WHAC-ST	Western Hills Athletic Club	4	0	4	11	3	14			
80 WWW-ST	Westwood Country Club Aquatics	0	1	1	3	0	3			
		488	461	949	2363	483	2846			

#### SCHEDULE: The following schedule will be used as a guideline for all activities

#### Thursday, March 7

3:00 to 9:00 PM	Pool open for warm-up
3:30 to 4:45 PM	Warm-up for 1000 & 500 Freestyle
4:00 PM	Positive check-in and relay card deadline for Thur events
5:00 PM	Thursday session starts
6:00 PM	Scratches for Friday events and Friday relay cards are due
End of Session	General Meeting

#### Friday, March 8

Friday, March 8	
7:00 to 7:30 AM	1 <sup>st</sup> Warm-up
7:30 to 8:00 AM	2 <sup>nd</sup> Warm-up
8:00 to 8:30 AM	3 <sup>rd</sup> Warm-up
8:30 to 8:45 AM	Dive/Sprint/Pace for all athletes
9:00 AM	Opening Ceremonies
After parade	Friday Prelims session starts
9:00 - 10:00 AM	Friday time trial entries accepted
End of Prelims	All Star Committee meeting
3:30 to 4:30 PM	General warm-up
4:30 to 5:20 PM*	Finalist warm-up only
5:30 PM	Finals session starts
6:00 PM	Scratch for Saturday events and Saturday relay cards due

#### Saturday, March 9

7:00 to 7:30 AM	1 <sup>st</sup> Warm-up
7:30 to 8:00 AM	2 <sup>nd</sup> Warm-up
8:00 to 8:30 AM	3 <sup>rd</sup> Warm-up
8:30 to 8:45 AM	Dive/Sprint/Pace for all athletes
9:00 AM	Saturday prelims session starts
9:00 - 10:00 AM	Saturday time trial entries accepted
End of Prelims	TAGS Committee meeting
3:30 to 4:30 PM	General warm-up
4:30 to 5:20 PM*	Finalist warm-up only
5:30 PM	Finals session starts
6:00 PM	Positive check-in/scratch for Sunday events and Sunday relay cards are due

#### Sunday, March 10 (Note: daylight savings time begins)

7:00 to 7:30 AM	1 <sup>st</sup> Warm-up
7:30 to 8:00 AM	2 <sup>nd</sup> Warm-up
8:00 to 8:30 AM	3 <sup>rd</sup> Warm-up
8:30 to 8:45 AM	Dive/Sprint/Pace for all athletes
9:00 AM	Sunday prelims session starts
4:30 to 5:20 PM*	Finalist warm-up only
5:30 PM	Finals session starts

\* There will be a minimum two hour break between the end of the prelim session and the start of warm-ups for the finals session. The finals session warm-up will start no earlier than 4:30 PM but may start later, based on the end of the prelim session.

# **Check-in & Scratch Deadlines**

Day/Event	Deadline
1000 Freestyle - Positive Check-in	
500 Freestyle 12&U - Positive Check-in	Thursday 4:00 PM
800 Freestyle Relay - Relay Cards Due	
Friday's Relay Events – Relay Cards Due / Declare AM/PM	Thursday 6,00 DM
Friday's Individual Events – Scratch from Prelims	Thursday 6:00 PM
Saturday's Relay Events – Relay Cards Due / Declare AM/PM	Friday 6:00 DM
Saturday's Individual Events – Scratch from Prelims	Friday 6:00 PM
1650 Freestyle – Positive Check-in / Declare AM/PM	
Sunday's Relay Events – Relay Cards Due / Declare AM/PM	Saturday 6:00 PM
Sunday's Individual Events – Scratch from Prelims	

# Warm-up Schedule

	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>			
7:00 to 7:30 AM	Group 1	Group 2	Group 3			
7:30 to 8:00 AM	Group 2	Group 3	Group 1			
8:00 to 8:30 AM	Group 3	Group 1	Group 2			
8:30 to 8:45 AM	Dive / Sprint Pace for all athletes					

Group 1 South Texas The Woodlands <u>Group 2</u> North Texas Border Group 3 West Texas Gulf (Except TWST)

A dedicated warm-up area for 10&U swimmers will be provided.

# Daylight Savings Time Begins Sunday March 10, 2:00am

# SPRING AHEAD BEFORE YOU GO TO BED SATURDAY NIGHT



## Lane Timer Assignments

#### If you hear a general call for timers, please help us out by volunteering to time!

Thursday Evening: All timers provided by TWST senior swimmers

#### **Friday Prelims:**

#### East Pool (Bulkhead/Boys Pool)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
								NTRO-ST
Chair 2	KATY-GU	EPAP-BD	TWST-GU	TWST-GU	TWST-GU	TWST-GU	LAC-NT	NTRO-ST

#### West Pool (Scoreboard End/Girls Pool)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	NTN-NT	MTRO-NT	AAAA-ST	BTA-GU	PACK-GU	FA-NT	LAC-NT	NTRO-ST
Chair 2	DM-NT	AAAA-ST	AAAA-ST	BTA-GU	CFSC-GU	EPAP-BD	LAC-NT	NTRO-ST

#### Friday Finals: All timers provided by TWST

#### **Saturday Prelims:**

#### East Pool (Bulkhead/Boys Pool)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	NTN-NT	MTRO-NT	TWST-GU	TWST-GU	TWST-GU	TWST-GU	LAC-NT	NTRO-ST
Chair 2	DM-NT	AAAA-ST	TWST-GU	TWST-GU	TWST-GU	TWST-GU	LAC-NT	NTRO-ST

#### West Pool (Scoreboard End/Girls Pool)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	AGS-GU	FA-NT	AAAA-ST	BTA-GU	PACK-GU	FA-NT	LAC-NT	NTRO-ST
Chair 2	KATY-GU	EPAP-BD	AAAA-ST	BTA-GU	CFSC-GU	EPAP-BD	LAC-NT	NTRO-ST

#### Saturday Finals: Volunteers from all teams

#### **Sunday Prelims:**

#### East Pool (Bulkhead/Boys Pool)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	AAAA-ST	BTA-GU	TWST-GU	TWST-GU	TWST-GU	TWST-GU	LAC-NT	NTRO-ST
Chair 2	AAAA-ST	BTA-GU	TWST-GU	TWST-GU	TWST-GU	TWST-GU	LAC-NT	NTRO-ST

#### West Pool (Scoreboard End/Girls Pool)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
								NTRO-ST
Chair 2	KATY-GU	EPAP-BD	DM-NT	AAAA-ST	CFSC-GU	EPAP-BD	LAC-NT	NTRO-ST

Note: 1650 free prelims swimmers must provide their own timers on Sunday.

#### Sunday Finals: Volunteers from all teams

Time Trials Friday and Saturday: Swimmers must provide two timers

Session: 1 Thursday Girls Timed Final Mar 7, 2013 Day of Meet: 1 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	*1	Girls 13-14 1000 Freestyle	36	5u	05:00 PM
Finals	**3	Girls 10 & Under 500 Freestyle	18	3u	05:56 PM
Finals	**5	Girls 11-12 500 Freestyle	25	4u	06:16 PM
Finals	***7	Girls 13-14 800 Freestyle Relay	22	3u	06:39 PM
		Swimmers Counts for Warm-ups: 137	====		
		Entry / Heat Totals:	101	15	
		Finish Time			07:04 PM

## Session: 2 Thursday Boys Timed Final Mar 7, 2013

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	*2	Boys 13-14 1000 Freestyle	26	4u	05:00 PM _	
Finals	**4	Boys 10 & Under 500 Freestyle	18	3u	05:43 PM _	
Finals	**6	Boys 11-12 500 Freestyle	15	2u	06:03 PM _	
Finals	***8	Boys 13-14 800 Freestyle Relay	19	3u	06:14 PM _	
		Swimmers Counts for Warm-ups: 112	====	====		
		Entry / Heat Totals:	78	12		
		Finish Time			06:38 PM	

#### Pool Assignment

All Events: Girls will swim in West Pool, Boys in East Pool

\* Timed final. Must provide lap counter (timers provided by TWST). Will swim fastest to slowest as a Timed Final.

\*\* Timed final. Must provide lap counter (timers provided by TWST). Will swim fastest to slowest.

\*\*\* Timed final. Timers provided by TWST. Will swim fastest to slowest.

Session: 3 Friday Girls Prelims Mar 8, 2013

Day of Meet: 2 Starts at 09:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Prelims	9	Girls 11-12 200 Butterfly	18	3u	09:15 AM
Prelims	11	Girls 13-14 100 Butterfly	38	5u	09:24 AM
Prelims	13	Girls 10 & Under 100 Breaststroke	18	3u	09:30 AM
Prelims	15	Girls 11-12 100 Breaststroke	20	3u	09:35 AM
Prelims	17	Girls 13-14 100 Breaststroke	42	6u	09:40 AM
Prelims	19	Girls 10 & Under 200 Freestyle	21	3u	09:49 AM
Prelims	21	Girls 11-12 200 Freestyle	34	5u	09:57 AM
Prelims	23	Girls 13-14 200 Freestyle	41	би	10:09 AM
Prelims	25	Girls 10 & Under 50 Backstroke	17	3u	10:23 AM
Prelims	27	Girls 11-12 50 Backstroke	31	4u	10:26 AM
Prelims	29	Girls 13-14 100 Backstroke	34	5u	10:31 AM
Prelims	31	Girls 10 & Under 100 IM	21	3u	10:39 AM
Prelims	33	Girls 11-12 100 IM	25	4u	10:44 AM
Prelims	35	Girls 13-14 400 IM	50	7u	10:49 AM
Finals-S	*37	Girls 10 & Under 400 Freestyle Relay	6	1u	11:25 AM
Finals-S	*39	Girls 11-12 400 Freestyle Relay	15	2u	11:30 AM
Finals-S	*41	Girls 13-14 400 Freestyle Relay	16	2u	11:38 AM
		Swimmers Counts for Warm-ups: 331			
		Entry / Heat Totals:	447	65	
		Finish Time			11:46 AM

#### Pool Assignment

Prelim Events: Girls will swim in West Pool, Boys in East Pool Finals: All events will swim in East pool

\* Relays are timed final events. Fastest 8 relays will swim in finals.

Session: 4 Friday Boys Prelims Mar 8, 2013

Day of Meet: 2 Starts at 09:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Prelims	10	Boys 11-12 200 Butterfly	32	4u	09:15 AM
Prelims	12	Boys 13-14 100 Butterfly	26	4u	09:26 AM
Prelims	14	Boys 10 & Under 100 Breaststroke	26	4u	09:31 AM
Prelims	16	Boys 11-12 100 Breaststroke	23	3u	09:38 AM
Prelims	18	Boys 13-14 100 Breaststroke	18	3u	09:43 AM
Prelims	20	Boys 10 & Under 200 Freestyle	29	4u	09:47 AM
Prelims	22	Boys 11-12 200 Freestyle	15	2u	09:58 AM
Prelims	24	Boys 13-14 200 Freestyle	32	4u	10:03 AM
Prelims	26	Boys 10 & Under 50 Backstroke	28	4u	10:11 AM
Prelims	28	Boys 11-12 50 Backstroke	35	5u	10:16 AM
Prelims	30	Boys 13-14 100 Backstroke	32	4u	10:21 AM
Prelims	32	Boys 10 & Under 100 IM	25	4u	10:27 AM
Prelims	34	Boys 11-12 100 IM	35	5u	10:34 AM
Prelims	36	Boys 13-14 400 IM	37	5u	10:41 AM
Finals-S	*38	Boys 10 & Under 400 Freestyle Relay	11	2u	11:05 AM
Finals-S	*40	Boys 11-12 400 Freestyle Relay	13	2u	11:15 AM
Finals-S	*42	Boys 13-14 400 Freestyle Relay	10	2u	11:23 AM
		Swimmers Counts for Warm-ups: 291	====	====	
		Entry / Heat Totals:	427	61	
		Finish Time			11:31 AM

#### Pool Assignment

Prelim Events: Girls will swim in West Pool, Boys in East Pool Finals: All events will swim in East pool

\* Relays are timed final events. Fastest 8 relays will swim in finals.

Session: 5 Friday Finals Mar 8, 2013

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	9	Girls 11-12 200 Butterfly	16	2u	05:30 PM
Finals	10	Boys 11-12 200 Butterfly	16	2u	05:38 PM
Finals	11	Girls 13-14 100 Butterfly	16	2u	05:46 PM
Finals	12	Boys 13-14 100 Butterfly	16	2u	05:51 PM
Finals	13	Girls 10 & Under 100 Breaststroke	8	1u	05:55 PM
Finals	14	Boys 10 & Under 100 Breaststroke	8	1u	05:58 PM
Finals	15	Girls 11-12 100 Breaststroke	16	2u	06:01 PM
Finals	16	Boys 11-12 100 Breaststroke	16	2u	06:07 PM
Finals	17	Girls 13-14 100 Breaststroke	16	2u	06:12 PM
Finals	18	Boys 13-14 100 Breaststroke	16	2u	06:17 PM
Finals	19	Girls 10 & Under 200 Freestyle	8	1u	06:22 PM
Finals	20	Boys 10 & Under 200 Freestyle	8	1u	06:26 PM
Finals	21	Girls 11-12 200 Freestyle	16	2u	06:30 PM
Finals	22	Boys 11-12 200 Freestyle	15	2u	06:37 PM
Finals	23	Girls 13-14 200 Freestyle	16	2u	06:44 PM
Finals	24	Boys 13-14 200 Freestyle	16	2u	06:51 PM
Finals	25	Girls 10 & Under 50 Backstroke	8	1u	06:57 PM
Finals	26	Boys 10 & Under 50 Backstroke	8	1u	06:59 PM
Finals	27	Girls 11-12 50 Backstroke	16	2u	07:02 PM
Finals	28	Boys 11-12 50 Backstroke	16	2u	07:06 PM
Finals	29	Girls 13-14 100 Backstroke	16	2u	07:11 PM
Finals	30	Boys 13-14 100 Backstroke	16	2u	07:16 PM
Finals	31	Girls 10 & Under 100 IM	8	1u	07:21 PM
Finals	32	Boys 10 & Under 100 IM	8	1u	07:24 PM
Finals	33	Girls 11-12 100 IM	16	2u	07:27 PM
Finals	34	Boys 11-12 100 IM	16	2u	07:32 PM
Finals	35	Girls 13-14 400 IM	16	2u	07:37 PM
Finals	36	Boys 13-14 400 IM	16	2u	07:49 PM
Finals-1	37	Girls 10 & Under 400 Freestyle Relay	8	1u	08:01 PM
Finals-1	38	Boys 10 & Under 400 Freestyle Relay	8	1u	08:07 PM
Finals-1	39	Girls 11-12 400 Freestyle Relay	8	1u	08:13 PM
Finals-1	40	Boys 11-12 400 Freestyle Relay	8	1u	08:18 PM
Finals-1	41	Girls 13-14 400 Freestyle Relay	8	1u	08:24 PM
Finals-1	42	Boys 13-14 400 Freestyle Relay	8	1u	08:29 PM
		Swimmers Counts for Warm-ups: 514		====	
		Entry / Heat Totals:	431	54	
		Finish Time			08:34 PM

Session: 6 Saturday Girls Prelims Mar 9, 2013 Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals-S	*43	Girls 13-14 200 Medley Relay	20	3u	09:00 AM
Finals-S	*45	Girls 11-12 200 Medley Relay	15	2u	09:13 AM
Prelims	47	Girls 10 & Under 100 Butterfly	19	3u	09:18 AM
Prelims	49	Girls 13-14 200 Butterfly	46	би	09:23 AM
Prelims	51	Girls 11-12 100 Backstroke	25	4u	09:38 AM
Prelims	53	Girls 10 & Under 200 IM	20	3u	09:45 AM
Prelims	55	Girls 11-12 200 IM	22	3u	09:54 AM
Prelims	57	Girls 13-14 50 Freestyle	34	5u	10:02 AM
Prelims	59	Girls 10 & Under 50 Freestyle	24	3u	10:06 AM
Prelims	61	Girls 11-12 50 Freestyle	31	4u	10:08 AM
Prelims	63	Girls 13-14 200 Breaststroke	44	6u	10:11 AM
Prelims	65	Girls 10 & Under 50 Breaststroke	21	3u	10:28 AM
Prelims	67	Girls 11-12 200 Breaststroke	30	4u	10:31 AM
Prelims	69	Girls 13-14 500 Freestyle	38	5u	10:43 AM
Prelims	71	Girls 11-12 100 Butterfly	25	4u	11:11 AM
Finals-S	*73	Girls 10 & Under 200 Freestyle Relay	9	2u	11:17 AM
Finals-S	*75	Girls 13-14 200 Freestyle Relay	12	2u	11:21 AM
Finals-S	*77	Girls 11-12 200 Freestyle Relay	10	2u	11:25 AM
		Swimmers Counts for Warm-ups: 323	====		
		Entry / Heat Totals:	445	64	
		Finish Time			11:30 AM

#### Pool Assignment

Prelim Events: Girls will swim in West Pool, Boys in East Pool Finals: All events will swim in East pool

\* Relays are timed final events. Fastest 8 relays will swim in finals.

Session: 7 Saturday Boys Prelims Mar 9, 2013 Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals-S	*44	Boys 13-14 200 Medley Relay	13	2u	09:00 AM
Finals-S	*46	Boys 11-12 200 Medley Relay	12	2u	09:09 AM
Prelims	48	Boys 10 & Under 100 Butterfly	30	4u	09:15 AM
Prelims	50	Boys 13-14 200 Butterfly	34	5u	09:21 AM
Prelims	52	Boys 11-12 100 Backstroke	27	4u	09:33 AM
Prelims	54	Boys 10 & Under 200 IM	27	4u	09:40 AM
Prelims	56	Boys 11-12 200 IM	31	4u	09:52 AM
Prelims	58	Boys 13-14 50 Freestyle	27	4u	10:02 AM
Prelims	60	Boys 10 & Under 50 Freestyle	33	5u	10:05 AM
Prelims	62	Boys 11-12 50 Freestyle	30	4u	10:09 AM
Prelims	64	Boys 13-14 200 Breaststroke	17	3u	10:12 AM
Prelims	66	Boys 10 & Under 50 Breaststroke	26	4u	10:20 AM
Prelims	68	Boys 11-12 200 Breaststroke	23	3u	10:24 AM
Prelims	70	Boys 13-14 500 Freestyle	31	4u	10:33 AM
Prelims	72	Boys 11-12 100 Butterfly	34	5u	10:54 AM
Finals-S	*74	Boys 10 & Under 200 Freestyle Relay	11	2u	11:01 AM
Finals-S	*76	Boys 13-14 200 Freestyle Relay	4	1u	11:06 AM
Finals-S	*78	Boys 11-12 200 Freestyle Relay	11	2u	11:08 AM
		Swimmers Counts for Warm-ups: 297			
		Entry / Heat Totals:	421	62	
		Finish Time			11:12 AM

#### Pool Assignment

Prelim Events: Girls will swim in West Pool, Boys in East Pool Finals: All events will swim in East pool

\* Relays are timed final events. Fastest 8 relays will swim in finals.

Session: 8 Saturday Finals Mar 9, 2013

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals-1	43	Girls 13-14 200 Medley Relay	8	1u	05:30 PM
Finals-1	44	Boys 13-14 200 Medley Relay	8	1u	05:36 PM
Finals-1	45	Girls 11-12 200 Medley Relay	8	1u	05:41 PM
Finals-1	46	Boys 11-12 200 Medley Relay	8	1u	05:45 PM
Finals	47	Girls 10 & Under 100 Butterfly	8	1u	05:49 PM
Finals	48	Boys 10 & Under 100 Butterfly	8	1u	05:52 PM
Finals	49	Girls 13-14 200 Butterfly	16	2u	05:54 PM
Finals	50	Boys 13-14 200 Butterfly	16	2u	06:02 PM
Finals	51	Girls 11-12 100 Backstroke	16	2u	06:09 PM
Finals	52	Boys 11-12 100 Backstroke	16	2u	06:14 PM
Finals	53	Girls 10 & Under 200 IM	8	1u	06:20 PM
Finals	54	Boys 10 & Under 200 IM	8	1u	06:24 PM
Finals	55	Girls 11-12 200 IM	16	2u	06:28 PM
Finals	56	Boys 11-12 200 IM	16	2u	06:36 PM
Finals	57	Girls 13-14 50 Freestyle	16	2u	06:43 PM
Finals	58	Boys 13-14 50 Freestyle	16	2u	06:47 PM
Finals	59	Girls 10 & Under 50 Freestyle	8	1u	06:51 PM
Finals	60	Boys 10 & Under 50 Freestyle	8	1u	06:53 PM
Finals	61	Girls 11-12 50 Freestyle	16	2u	06:55 PM
Finals	62	Boys 11-12 50 Freestyle	16	2u	06:58 PM
Finals	63	Girls 13-14 200 Breaststroke	16	2u	07:02 PM
Finals	64	Boys 13-14 200 Breaststroke	16	2u	07:10 PM
Finals	65	Girls 10 & Under 50 Breaststroke	8	1u	07:18 PM
Finals	66	Boys 10 & Under 50 Breaststroke	8	1u	07:20 PM
Finals	67	Girls 11-12 200 Breaststroke	16	2u	07:22 PM
Finals	68	Boys 11-12 200 Breaststroke	16	2u	07:30 PM
Finals	69	Girls 13-14 500 Freestyle	16	2u	07:38 PM
Finals	70	Boys 13-14 500 Freestyle	16	2u	07:51 PM
Finals	71	Girls 11-12 100 Butterfly	16	2u	08:04 PM
Finals	72	Boys 11-12 100 Butterfly	16	2u	08:09 PM
Finals-1	73	Girls 10 & Under 200 Freestyle Relay	8	1u	08:14 PM
Finals-1	74	Boys 10 & Under 200 Freestyle Relay	8	1u	08:18 PM
Finals-1	75	Girls 13-14 200 Freestyle Relay	8	1u	08:21 PM
Finals-1	76	Boys 13-14 200 Freestyle Relay	8	1u	08:25 PM
Finals-1	77	Girls 11-12 200 Freestyle Relay	8	1u	08:28 PM
Finals-1	78	Boys 11-12 200 Freestyle Relay	8	1u	08:31 PM
		Swimmers Counts for Warm-ups: 505	====	====	
		Entry / Heat Totals:	432	54	
		Finish Time			08:34 PM

Session: 9 Sunday Girls Prelims Mar 10, 2013 Day of Meet: 4 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Prelims	79	Girls 11-12 50 Breaststroke	23	3u	09:00 AM
Prelims	83	Girls 10 & Under 100 Backstroke	17	3u	09:03 AM
Prelims	85	Girls 11-12 200 Backstroke	27	4u	09:09 AM
Prelims	87	Girls 13-14 200 Backstroke	45	би	09:20 AM
Prelims	89	Girls 10 & Under 100 Freestyle	22	3u	09:37 AM
Prelims	91	Girls 11-12 100 Freestyle	25	4u	09:41 AM
Prelims	93	Girls 13-14 100 Freestyle	39	5u	09:46 AM
Prelims	95	Girls 10 & Under 50 Butterfly	22	3u	09:52 AM
Prelims	97	Girls 13-14 200 IM	45	6u	09:55 AM
Prelims	99	Girls 11-12 50 Butterfly	26	4u	10:10 AM
Finals-S	*101	Girls 10 & Under 200 Medley Relay	10	2u	10:14 AM
Finals-S	*103	Girls 13-14 400 Medley Relay	19	3u	10:19 AM
Finals-S	*105	Girls 11-12 400 Medley Relay	14	2u	10:34 AM
		Break: 10 Minutes			
Prelims	**81	Girls 13-14 1650 Freestyle	37	5u	10:54 AM
		Swimmers Counts for Warm-ups: 311	====		
		Entry / Heat Totals:	371	53	
		Finish Time			12:26 PM

#### Pool Assignment

Prelim Events: Girls will swim in West Pool, Boys in East Pool Finals: All events will swim in East pool

\* Relays are timed final events. Fastest 8 relays will swim in finals.

\*\* Timed Finals. Fastest heat swims in finals in event order. All other heats will be swum fastest to slowest as the final event in Sunday's preliminaries, after event 10. Swimmers must provide two timers and a lap counter.

Session: 10 Sunday Boys Prelims Mar 10, 2013 Day of Meet: 4 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Prelims	80	Boys 11-12 50 Breaststroke	29	4u	09:00 AM
Prelims	84	Boys 10 & Under 100 Backstroke	33	5u	09:04 AM
Prelims	86	Boys 11-12 200 Backstroke	23	3u	09:13 AM
Prelims	88	Boys 13-14 200 Backstroke	39	5u	09:22 AM
Prelims	90	Boys 10 & Under 100 Freestyle	33	5u	09:35 AM
Prelims	92	Boys 11-12 100 Freestyle	25	4u	09:42 AM
Prelims	94	Boys 13-14 100 Freestyle	33	5u	09:47 AM
Prelims	96	Boys 10 & Under 50 Butterfly	28	4u	09:53 AM
Prelims	98	Boys 13-14 200 IM	37	5u	09:57 AM
Prelims	100	Boys 11-12 50 Butterfly	43	6u	10:09 AM
Finals-S	*102	Boys 10 & Under 200 Medley Relay	13	2u	10:14 AM
Finals-S	*104	Boys 13-14 400 Medley Relay	12	2u	10:19 AM
Finals-S	*106	Boys 11-12 400 Medley Relay	10	2u	10:28 AM
		Break: 10 Minutes			
Prelims	**82	Boys 13-14 1650 Freestyle	22	3u	10:49 AM
		Swimmers Counts for Warm-ups: 289	====	====	
		Entry / Heat Totals:	380	55	
		Finish Time			

#### Pool Assignment

Prelim Events: Girls will swim in West Pool, Boys in East Pool Finals: All events will swim in East pool

\* Relays are timed final events. Fastest 8 relays will swim in finals.

\*\* Timed Finals. Fastest heat swims in finals in event order. All other heats will be swum fastest to slowest as the final event in Sunday's preliminaries, after event 10. Swimmers must provide two timers and a lap counter.

Session: 11 Sunday Finals Mar 10, 2013

Day of Meet: 4 Starts at 05:30 PM Heat Interval: 90 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	79	Girls 11-12 50 Breaststroke	16	2u	05:30 PM
Finals	80	Boys 11-12 50 Breaststroke	16	2u	05:35 PM
Finals	81	Girls 13-14 1650 Freestyle	8	1u	05:39 PM
Finals	82	Boys 13-14 1650 Freestyle	8	1u	05:58 PM
Finals	83	Girls 10 & Under 100 Backstroke	8	1u	06:13 PM
Finals	84	Boys 10 & Under 100 Backstroke	8	1u	06:16 PM
Finals	85	Girls 11-12 200 Backstroke	16	2u	06:19 PM
Finals	86	Boys 11-12 200 Backstroke	16	2u	06:27 PM
Finals	87	Girls 13-14 200 Backstroke	16	2u	06:35 PM
Finals	88	Boys 13-14 200 Backstroke	16	2u	06:43 PM
Finals	89	Girls 10 & Under 100 Freestyle	8	1u	06:51 PM
Finals	90	Boys 10 & Under 100 Freestyle	8	1u	06:53 PM
Finals	91	Girls 11-12 100 Freestyle	16	2u	06:56 PM
Finals	92	Boys 11-12 100 Freestyle	16	2u	07:00 PM
Finals	93	Girls 13-14 100 Freestyle	16	2u	07:05 PM
Finals	94	Boys 13-14 100 Freestyle	16	2u	07:10 PM
Finals	95	Girls 10 & Under 50 Butterfly	8	1u	07:15 PM
Finals	96	Boys 10 & Under 50 Butterfly	8	1u	07:17 PM
Finals	97	Girls 13-14 200 IM	16	2u	07:19 PM
Finals	98	Boys 13-14 200 IM	16	2u	07:26 PM
Finals	99	Girls 11-12 50 Butterfly	16	2u	07:33 PM
Finals	100	Boys 11-12 50 Butterfly	16	2u	07:37 PM
Finals-1	101	Girls 10 & Under 200 Medley Relay	8	1u	07:41 PM
Finals-1	102	Boys 10 & Under 200 Medley Relay	8	1u	07:45 PM
Finals-1	103	Girls 13-14 400 Medley Relay	8	1u	07:49 PM
Finals-1	104	Boys 13-14 400 Medley Relay	8	1u	07:55 PM
Finals-1	105	Girls 11-12 400 Medley Relay	8	1u	08:01 PM
Finals-1	106	Boys 11-12 400 Medley Relay	8	1u	08:07 PM
		Swimmers Counts for Warm-ups: 499	====	====	
		Entry / Heat Totals:	336	42	
		Finish Time			08:13 PM

Relays are timed finals events. Fastest 8 relays swim in finals.

1650 Free is timed finals, fastest heat will swim in finals. Swimmer must provide lap counter.